

Julia Steward

Curriculum Vitae

Contact details

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Professional skills/expertise

- 1:1 coaching
- Group facilitation
- Leadership and management
- Values assessment
- Team building
- Supporting and developing emotional resilience
- Counselling skills
- Conflict resolution
- Presentation and communication skills
- e-facilitation

Education

BA Hons (Music) University of Liverpool
Postgraduate Secretarial Diploma with Business and Management, City of London
Polytechnic
MEd, University of Plymouth College of St Mark and St John, with distinction

Professional accreditations and qualifications in the last 10 years

Diploma in Coaching, Institute of Leadership and Management	2008
Cultural Transformation Tools consultant, Part 1 & 2 accredited by the Barrett Values Centre	2012- 13
Masters in Education, University College of St Mark and St John, Plymouth (with distinction & gaining the outstanding research and practice-based impact award)	2012
National Leader of Governance	2015

Career History

Current position

Since September 2007 I have been running Chrysalis Leadership Development Limited. We provide 1:1 coaching and other leadership development interventions to meet clients' needs, with a particular focus on sustaining and developing resilience in individuals and organisations. Building resilience often involves exploring the match between individual and organisational values. I am also accredited in the use of the Barrett Values Centre's cultural transformation tools which provide graphical representation of the culture in an organisation and help leaders to know where to focus in order to support productivity. I have used these to help schools to demonstrate their values more effectively.

2000-2007

National Professional Qualification for Headship (NPQH) South West

As Centre Manager of NPQH in the South West I was accountable for the success of the government-funded contract which involved delivery, training and assessment of the qualification which accredits individuals to take on the role of headteacher. My geographical responsibility stretched from Gloucestershire in the north to Bournemouth in the east, and down to Cornwall. I led, developed and extended a tutor team of 30 which I inherited in 2000 to a team of 100. Tutors worked as consultants, though most were serving headteachers or local authority officers. Almost all were or had been in a senior leadership role within education. At its most active, the team supported over 1000 senior leaders aspiring to headship in South West schools.

1993-2000

Independent consultant

Independent consultant working with a range of providers of leadership development, including Serco and Group 4, as well as leading school inspection teams for Ofsted and carrying out assessment activities for the NPQH

1984-1993

Bringing up children and working freelance and part-time for Macmillan Publishers

1976-1984

John Murray, then Macmillan, Publishers, from Editorial Assistant to Senior Commissioning Editor for the Macmillan Press Ltd. I was responsible for the high level academic literary criticism list, and worked with academics in the UK and abroad, seeing books through from commissioning to publication.

Professional Development since 2006

Diploma in Coaching, Institute of Leadership and Management: 2007-2008

Course in Cognitive Behaviour Therapy, Bridgwater College: 2009

Executive Coach Summer School, Oxford: 2009, 2010, 2011, 2014

MEd in Professional Development, University of Plymouth College of St Mark and St John 2010-12

Part 1 training in the use of the Cultural Transformation Tools, Barrett Values Centre, 2012

Part 2 training in the use of the Cultural Transformation Tools, Barrett Values Centre, 2013

Certificate in Fundamentals of Systemic Coaching and Constellations (5-day course) 2013

Mindfulness-based Stress Reduction: 8 week course (2013)

National External Review of Governance training (2016)

Publications

Bend or Break: Connecting Leaders with Emotional Resilience, in *Developing Mentoring and Coaching Research and Practice: Proceedings from the 3rd EMCC Research Conference, 2013*

Sustaining Emotional Resilience for School Leadership, *School Leadership and Management, 2013*

Resilient Leadership: why moral purpose isn't enough, LDR, *National College for Teaching and Leadership January 2014*

What keeps me awake at night feature, *tes*, October 10th 2014

Building Emotional Resilience for School Leadership: is it counter-cultural? *Paper presented at the Belmas Conference, 2015*